

Danger Signs in Ministry

- Isolation (with whom honest?)
- Loss of priority on own wellness
- No life outside church/ministry
- Resistance to feedback
- Church members for emotional needs
- Failure of prayer and personal spiritual nurture
- Excessive "counseling" one person
- Lack of intimacy with spouse/partner and friends
- Difficulty sleeping, eating, letting go
- Excessive self-disclosure
- Overuse of mood-altering chemicals
- Behavioral problems in children
- Self-absorption, self-pity
- Financial irresponsibility
- Inability to be alone
- Recurrent difficulties with authority figures
- Loss of boundaries between "home" and "work"
- Failure to take days off/vacations

The Rev. Chilton Knudsen
Pastoral Care Officer
Diocese of Chicago
090596