## What can a wellbeing specialist do for me?



"I liked that my wellbeing specialist helped me set goals and that they will be checking in with me to see that I am staying on track. Their personal touch represents to me the wider care of the denomination for my wellbeing as a pastor."

- Pastor

## Live a healthier, fuller life!

Partner with a wellbeing specialist – to set goals, overcome obstacles and try out new ideas along the way. A confidential conversation with a wellbeing specialist is available to you free, thanks to the Wellness Incentive Program of the Corinthian Plan.

## Get started or simply learn more at:

wellness@everence.com 800-348-7468 ext. 3364



**LaVina Miller Weaver**Wellbeing Specialist
7tcpmcusa@gmail.com



**Dan Schrock**Wellbeing Specialist
danschrocktcp@gmail.com

