

**RENEWAL FOR
WEARY & WOUNDED LEADERS**

thekineocenter.com

KINEO

(Kin-eh'-o) = Deeply Moved



A MENNONITE USA PARTNERSHIP



THE MISSION

The local Church is a space where profound beauty and deep brokenness converge. Ministry leaders dwell daily at the center of that collision. Inevitably, and sometimes unknowingly, it amasses a painful toll on their minds, bodies, families, and then expresses in their actions. KINEO is particularly focused on development and healing for weary and wounded leaders.

KINEO exists to guide leaders on a clear pathway of rest, refreshment, and renewal amidst a hard calling.

THE STORY

Dan and Tonya White have been serving as local church Pastors and Planters for the last 25 years in rural, suburban, and urban churches. In 2015, Tonya noticed a tremor in Dan's hands while on vacation, initially believing it was low-blood sugar... the tremors never ceased.

After meeting with a physician, neurologist, and a therapist, Dan was diagnosed with Active Tremors attributed to CTSD (Cumulative Traumatic Stress Disorder). What became clear was that years of ministry (conflict, abandonment, betrayal, loss, scapegoating, etc) had taken a toll on his body. Additionally, an EKG had also shown heart damage from the stress disorder. Dan's body had been keeping the score all along.



This began a journey of seeking help and healing. As they processed their pain, Dan & Tonya discovered how few accessible and economical resources were available that understood their unique wounds accumulated from ministry leadership. From this discovery, a seedling sprouted.

Dan and Tonya have coached over 500 Pastors and Planters through their local work and in the V3 Movement. What is evident in every story heard: Ministry leaders are tired, some are traumatized, and many are unsure how to find a way forward.

THE STATISTICS

75% of pastors report being
"extremely" stressed.

70% say they have a lower self-
esteem because of ministry

80% believe their ministry has
negatively affected their
families.

58% do not have someone they
consider a close friend.

72% said they struggle with
ongoing anger because of
ministry

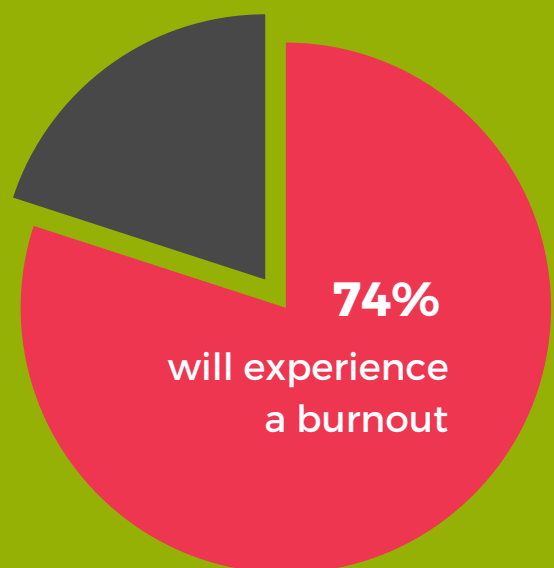
58% of say they've considered
quitting in the last month

*Fuller Institute of Church Health research
2016



7 OUT OF 10

**Pastors describe themselves
as depressed**



"There is no other role like 'Pastor' in the world. Pastors become the fulcrum of people's emotional, relational, paternal, and spiritual expectations. These expectations eventually crush their person-hood causing them to lash out or hide out. It's become an epidemic."

~ Dan Allender ~

WHAT LEADERS ARE SAYING

"My husband and I spent a week at Kineo. We came really beat down. The program that Dan and Tonya facilitate is like nothing we've ever experienced. Their compassion and deep wisdom helped us tremendously. We both feel like we are entering back into our local church with an emotional clarity and healing we really needed."

~ Jay and Erica Saliceti
Church Planters, Texas ~

"Ministry Leaders are quietly burning out and they don't know where to go. As a Clinical Therapist and a Church Planter I can attest to the depth of ache. What Kineo has developed is groundbreaking - a wholistic, accessible, economical, and therapeutically-informed journey to help leaders find their joy again."

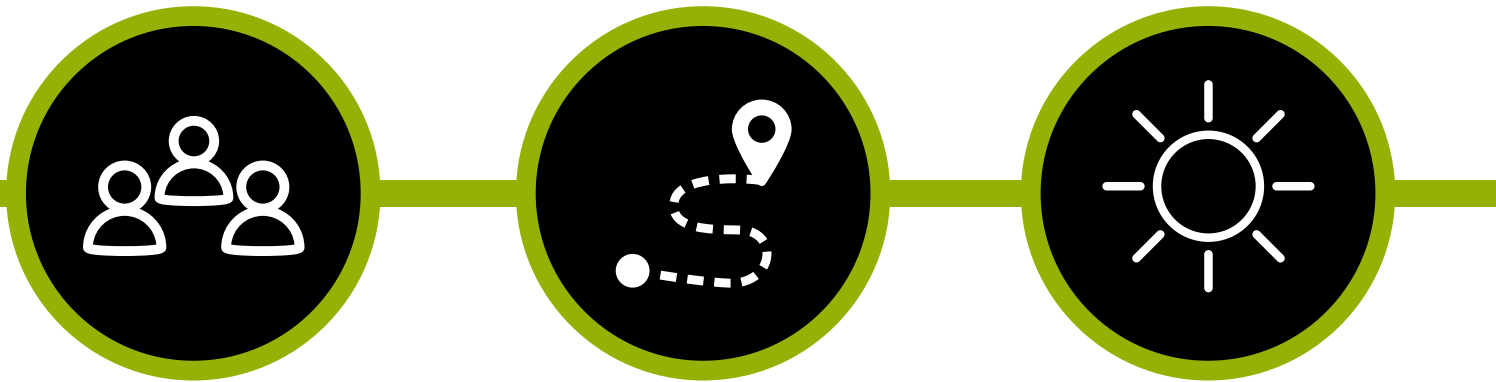
~ Christine Sweeney
Therapist/Church Planter, Hawaii ~

"I came to Kineo on a whim, not sure what to expect. I love my congregation but I was feeling so tired and discouraged, with so much self-doubt. The tools and processes that Kineo offered were so nourishing to my soul. I've already booked time for my wife to come next year. We both need this."

~ Tyler Gorsline
Church Planter, Seattle ~

THE COHORTS

Mennonite USA has formed a **Founding Partnership** with The Kineo Center for the creation of a Renewal Cohort. Because of this trust-filled relationship there is **30% off discount** provided for all Mennonite Leaders for the 2022 Cohort.



THE PROCESS

A 24-Week Cohort for Wounded and Weary Leaders. A guided, compassionate journey through strategic stages of renewal from emotional injuries, internal exhaustion, and social isolation.

This Cohort launches in January 2022 and applications open in the end of September 2021. A team of qualified coaches will take ministry leaders on a pathway of healing that culminates in a stay at the KINEO Center.

What is included:

- 24 Weeks of Curriculum
- A Weekly 75 Min Call with a Coach and Cohort
- 1 Customized Consultation with your Coach
- A 4 Day/3 Night Stay at The Kineo Center in Puerto Rico.

©

APPLY



RENEWAL RETREATS

NAGUABO, PUERTO RICO

The Retreat Center is located on the east shore of Puerto Rico. Previously existing as a mini-resort and hotel. KINEO has renovated and repurposed the grounds into a Tropical Retreat Center.



THE MEETING SPACE

Overlooking the rainforest, a breezy and screened in meeting room is designed to host 50 leaders. Outfitted with an LCD screen and whiteboard for group work and worship.

THE LODGE #1

There are five oversized, clean, spanish-style studio condo's that sleep up to 4. Each condo has it's own kitchen and bathroom/shower.



FIVE ACRES

The property is situated within a "Garden of Eden" with 48 different kinds of fruits growing - trails into the rainforest, a rainforest room for reading and contemplation, and a natural waterfall from the river running through our property



POOL AND PLAY

A beautiful in-ground pool sits at the center of the retreat grounds. There are 2 large outdoor gazebos

COMMUNITY KITCHEN

A beautifully designed and fully outfitted outdoor kitchen is available for groups to enjoy and dwell in.



NAGUABO



The Kineo Center is on the east coast of Puerto Rico. We are a 60 min drive from the airport in San Juan. We are located on the side of Pico del Este Mountain with a view of the Caribbean Sea.

Our property offers the beauty of the rainforest in all its glory with native flora and fauna along Rio Santiago to explore during the day and the sound of the coqui to sing you to sleep at night.

TRIPS & TRANSPORTATION

A rental car is the most economical form of transportation to move about in PR. Neither Uber or Lyft operate outside San Juan.

Some of the most beautiful beaches in the world are 10 to 15 mins away. Snorkeling, surfing, & boat trips are available. Tour a Coffee Farm. Visit Old San Juan or the Natural Waterslides at El Yunque. Take a night Kayaking trip at a Bioluminescent Bay. If you'd like assistance in planning day trips, we'd love to help.



THE KINEO TEAM

**CHUCK
DEGROAT**^(PHD)
HOLLAND, MI



Professor of Pastoral Care & Spirituality at
Western Theological Seminary and Author
of When Narcissism Comes to Church

**CHRISTINE
SWEENEY**
HONOLULU



Licensed Marriage and Family
Therapist, Church Planter

**JR
WOODWARD**^(PHD)
SEATTLE



Director of the V3 Movement and
Co-author of Church as Movement

**KEVIN
COLON**
COLORADO



Municipal Community Relations,
Coach, Facilitator

**CURTIS
ZACKERY**
NASHVILLE, TN



Pastor at Church of the City,
Speaker, and Author of Soul-Rest.

**TARA BETH
LEACH**
PASADENA, CA



Lead Pastor of First Church of
the Nazarene and
Author of Embolden

DAN NOLD
STATE COLLEGE, PA



Lead Pastor of Calvary Church
Master of Divinity from Bethel
Seminary

**MATT
ALEXANDER**
MIAMI, FL



Kineo Cohort Director and
Soul-Care Coach

THE FOUNDERS

TONYA V. WHITE

Church Planter, Small Business Owner, and
Certified Enneagram Coach with Madanes
Institute, Co-author of the forthcoming book
Mutual Marriage.

DAN WHITE JR.

Pastor of 20+ Years, Coach and
Consultant with The V3 Movement,
Author Love Over Fear, Church as
Movement, and Subterranean