

# Get care quickly, with Well360 Virtual Health.



## Commonly treated conditions:

### Urgent Care

- Allergies
- Bronchitis
- Common cold
- COVID-19 symptoms
- Sinus infections
- Sore throat
- Stomach flu

### Behavioral Health

- Anxiety/stress
- Bereavement/grief
- Depression

Save time and get care — wherever it's convenient for you. With virtual visits, you can see a provider for symptoms and conditions that can be treated from home. Doctors are available 24/7 to treat minor injuries and ailments like colds, flu, sprains, ear infections, and more. You can even have prescriptions and refills sent to your preferred pharmacy.\*

## You can also easily schedule



### Behavioral Health

Get the care you need to feel your best. Meet with a therapist or psychiatrist for services like talk therapy and medication management.



To access,  
download the My Highmark App  
or visit [MyHighmark.com](https://www.MyHighmark.com).

Questions? Call your Connect team at 1-833-232-0887.



Because Life.™

24/7 on-demand virtual care services provided by Well360 Virtual Health are subject to the telemedicine services benefit. Therapy and psychiatry provided by Well360 Virtual Health are subject to the outpatient mental health benefit. Other than these mentioned services, all other service provided by Well360 Virtual Health are not eligible. You are responsible for the full cost of ineligible services. To determine the availability of services under your health plan, please review your member materials for details on benefits, conditions, and exclusions or call the number on the back of your ID card.

\*Health professionals can prescribe medication, but at this time are not able to prescribe any narcotics.

Well360 Virtual health is powered by Amwell. Amwell is an independent company that provides telemedicine services and does not provide Blue Cross and/or Blue Shield products or services. Amwell is solely responsible for their telemedicine services.

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The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al 1-844-679-6930. (TTY:711)

请注意：如果您说中文，可向您提供免费语言协助服务。請致電 1-844-679-6930。(TTY:711)