

ANNE BYRAM BLACKWOOD

Get to know your wellbeing specialist

Anne Byram Blackwood is an Anabaptist Christian spiritual director.

Originally trained as a physician, Anne sought discernment regarding and subsequently a diploma in the art of spiritual direction at Mercy Center (Burlingame, Calif.), and San Francisco Theological Seminary (San Anselmo, Calif.), respectively. She pursued supervision training through Spiritual Directors International and Eastern Mennonite University. Anne is also trained as a mediator, conflict coach, and facilitator.



Anne recognizes and honors the Divine in all of life, and appreciates the reality that love and care are synonymous. Our love of God, then, calls us to care for others as we care for ourselves.

As a well-being specialist, Anne seeks to support Mennonite Church workers and their family members in considering this instruction, addressing the question, “How does my care for myself reflect my love of God, and enable the love/care that I provide for others?”



The
Corinthian Plan
Together, providing health care for pastors and church workers