RUTH JOHNSTON

Get to know your wellbeing specialist

God's love for each one of us, and for all of creation, is the place where my own faith is rooted. As we grow to know and accept our own, and one another's value in God's eyes, we grow also to recognize the importance of caring for ourselves, each other, and creation in ways that bring wholeness and health.

My journey has taken me from Anabaptist Mennonite Biblical Seminary for an MA in Theological Studies, to a year of Clinical Pastoral Education and 14 years of hospital chaplaincy. During this time, I



completed a spiritual direction training program. After chaplaincy, I worked for nine years providing grief counseling for the loved ones of patients at a large hospice.

My passion and gifts have led me to a deep love of conversations about all facets of life – strengths and passions, challenges and struggles, grief and wholeness. I honor where each person is on their journey and meet people with caring, respect, and thoughtful discernment. I hold conversations in confidence, and have never stopped being amazed at the beauty and creativity of the human spirit.



