

# What can a wellbeing specialist do for me?



“I liked that my wellbeing specialist helped me set goals and that they will be checking in with me to see that I am staying on track. Their personal touch represents to me the wider care of the denomination for my wellbeing as a pastor.”

- Pastor

## Live a healthier, fuller life!

Partner with a wellbeing specialist – to set goals, overcome obstacles and try out new ideas along the way. A confidential conversation with a wellbeing specialist is available to you free, thanks to the Wellness Incentive Program of the Corinthian Plan.

### Get started or simply learn more at:

[wellness@everence.com](mailto:wellness@everence.com)

800-348-7468



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The  
**Corinthian Plan**  
Together, providing health care for pastors and church workers