

DAILY RITUAL CALENDAR: LENT AT HOME		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DAILY RITUAL CALENDAR: LENT AT HOME		DWELLING IN DISSONANCE 			FEBRUARY 18 Do the Ash Wednesday Ritual in this resource or attend an Ash Wednesday service.	19 Prepare your six candles for Lent.	20 Lent is a time for cleaning out and making space. Choose a drawer or closet in your home to clean out.	21 As humans, we are part of creation. Take a walk or play outside.
Week 1: Love and Grief, Glory and Belief (light six candles) <i>Prayer: Jesus, sometimes we feel lonely and sad. Please walk with us. Amen.</i>	22 Worship God in Community.	23 Read John 11:1-16. How do you feel about Jesus' actions and words?	24 Talk about a time when a friend or family member was sick. How did you help? How did you feel?	25 Read John 11:17-37. What dissonance do you see between Jesus' words and actions in this part of the story and the earlier part?	26 Tell stories about when you have felt grief. Where was God when you grieved?	27 Read John 11:38-44. If you're feeling creative, act it out!	28 Visit someone who is lonely or grieving.	
Week 2: Obvious and Hidden (light 5 candles) <i>Prayer: Jesus, it's sometimes hard to serve others like you did. Guide us to help others and to allow others to help us. Amen.</i>	MARCH 1 Worship God in Community.	2 Read John 13:1-17.	3 In the spirit of Jesus' instructions in John 13:15, wash each other's hands before or after you eat.	4 Talk about a time when someone else served you or helped you.	5 Find a dirty job in the household, like cleaning the bathroom, and do it together.	6 Sing "I Have Decided to Follow Jesus."	7 Get up and watch the sunrise. As sure as the sun always rises, Jesus is here.	
Week 3: Standing Up and Standing Back (light 4 candles) <i>Prayer: Jesus, sometimes we behave in ways we regret. Forgive us. Help us heal. Amen.</i>	8 Worship God in Community.	9 Read John 18:12-27.	10 In yesterday's scripture, what differences did you notice about the ways Peter and Jesus responded to hard questions?	11 Talk about a time when you wish you had acted differently than you did — a moment of regret.	12 Create and send a card to someone with whom you have lost touch.	13 Through honesty and working to do better, we can heal from moments we regret, but we keep a scar. Tell a story of a physical scar on your body.	14 Try a household fast from screens today and focus on connecting face-to-face with humans and the natural world.	
Week 4: Submission and Power (light 3 candles) <i>Prayer: Jesus, sometimes we place our trust in leaders and other things instead of you. Forgive us. Draw us closer to you. Amen.</i>	15 Worship God in Community.	16 Read John 18:28-32 and read "The Jews in John's Gospel" (p. 1). What dissonance do you experience?	17 Read John 18:33-38. We serve a king who is "not of this world." What does that mean?	18 Do something kind for someone else.	19 Read John 18:39-40. Releasing Barabbas instead of Jesus was not in the people's interest! Tell a story of a time you made a choice that wasn't good for you.	20 This week's text is heavy. Go outside and look for signs of life and rebirth as a counterweight!	21 Find all the loose change in the house and count it. Then bring it to church or an organization in need as alms-giving.	
Week 5: Complicity and Innocence (light 2 candles) <i>Prayer: Jesus, it's often easier to turn our faces away when we see injustice. Give us courage to do the right thing and be upstanders. Amen.</i>	22 Worship God in Community.	23 Read John 19:1-16a.	24 There were bystanders, ordinary people, in the crowds. Imagine what it must have been like to be one of them.	25 How can you be an upstander instead of a bystander in the face of injustice? To explain it to children, watch "Sesame Street: Be an Upstander with Amanda Gorman"	26 Look at the night sky. Notice stars and other light sources. Remember that God is always present.	27 Tell about a time when you did what was right, even though it was hard.	28 Make Lent pretzels!	
Week 6: Holy Week: Passion Week (light 1 candle through Thursday) <i>Prayer: Jesus, sometimes we are so sad that it's hard to see new life or goodness. Open our eyes to your love and life all around us. Amen.</i>	29  Palm Sunday Worship God in Community.	30 Read John 19:16b-24. What do you notice?	31 Read John 19:25-27. Jesus's last act was adoption, creating a new family. What stories does this prompt in you?	APRIL 1 Read John 19:28-30. Where is the humanity in this ending to Jesus' life?	2  Do the Maunder Thursday ritual in this resource, or attend a worship service.	3 Do the Good Friday ritual in this resource or attend a worship service. Put the cloth over your candles.	4 When Jesus died, the Light of the World went out. Don't turn on any lights today.	
Easter, Sunday, April 5 Happy Resurrection Day! Uncover your candles and light them. Choose from the Easter Day activities in this resource to celebrate the resurrection!					 			